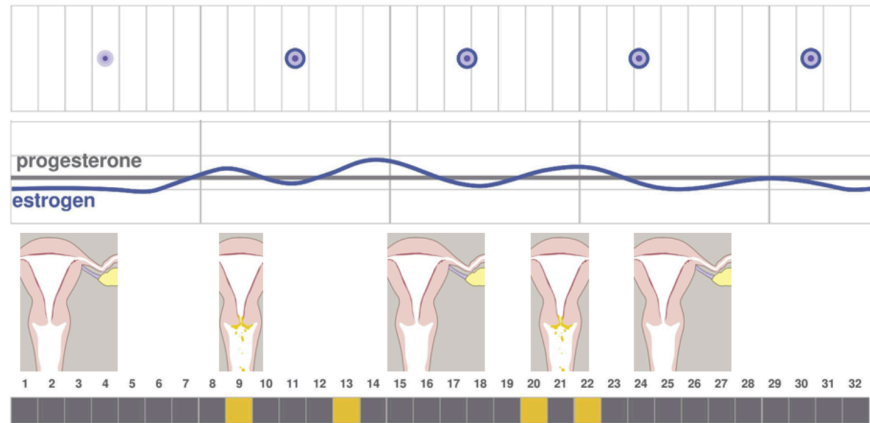


teenFEMM

Worksheet: FEMM Five
Answer Key
teenFEMM – Grade 6 | Lesson 5



Instructions: Circle the correct answer to each question.

1. Which color is used to mark a *dry* feeling?

- a. Gray b. Yellow

2. Which color is used to mark a *pasty* feeling?

- a. Gray b. Yellow

3. It is possible for low estrogen levels to produce biomarkers.

- a. True b. False

4. In the images above, does the egg seem to be developing towards ovulation?

- a. Yes b. No

5. Do you think this is a normal chart for a girl in early puberty?

- a. Yes b. No

Notes:

Questions 1 and 2:

Gray is always used for dry. Yellow is used when a girl doesn't know what she is seeing, but she also doesn't feel dry. Pasty is usually a good way to describe this observation. Remind the class that an observation charted as yellow doesn't *have* to be the color yellow. It can be white or cloudy or something else, but it just doesn't fit into a clearly estrogenic observation.

Question 3:

Yes, low estrogen levels can still produce a biomarker. The cervix will still respond to the low stimulation from estrogen to produce small amounts of cervical fluid.

Question 4:

In the image above, the egg does not look like it is developing because it is not growing in size. In an ovulatory cycle (a cycle where ovulation occurs) the egg starts off very small and then grows in size until it is finally released in ovulation. Before this, our bodies will have some cycles where there is low-level estrogen stimulation. The egg grows a bit, but not enough to ovulate.

Question 5:

This is a normal chart for a girl in early puberty because our bodies need to work up to completing ovulation. A girl can still have some days of bleeding even if she didn't ovulate. This is normal and has to do with the fact that estrogen is working in her body. It is a sign that her body is getting ready for the main event: ovulation!