

Unscramble the words and write the name of each of the 7 body systems.

1. MARSCLUU

MUSCLAR

2. SALKELTE

SKELETAL

3. CULIARCOTRY

CIRCULATORIORY

4. PRUERODECTIV

REPRODUCTIVE

5. SPIRATORREY

RESPIRATORIORY

6. RVOUNES

NERVOUS

7. GESTIVEDI

DIGESTIVE

Fill in the blanks

8. What are hormones?

CHEMICAL MESSENGERS

9. Hormones are controlled by the BRAIN!

Short Answer

10. What is puberty?

Puberty is the time when the body's physical and reproductive characteristics mature.

*Puberty is when your body begins the process of maturing towards adulthood.*

*Puberty is a time of rapid growth and development for your body and your brain. This typically begins to happen in girls between the ages of 9-14.*

11. What are some changes you might start to see in puberty?

*You grow taller*

*Breasts develop*

*Hips widen*

*Your grow hair in your armpits and pubic area*

*Your moods change*