

# FEMM™

FERTILITY EDUCATION & MEDICAL MANAGEMENT

# 2021

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[www.femmhealth.org](http://www.femmhealth.org)

# FEMM Training



In 2021, the number of doctors participating in our training grew by 40% from 2020 and the number of FEMM teachers certified grew as well. FEMM welcomed 100 new medical providers– including nurses, nurse practitioners, and medical students, a majority of whom are in the OBGYN field. FEMM welcomed 258 new teachers in 2021.

“The FEMM App is fantastic! Throughout these past 3 years using the app, I’ve become more informed about my health. The tool equips me to know what hormone is dominant each day, and I can then identify patterns. Especially through the educational information icons, I’ve been able to identify what patterns are healthy. This equips me to know the status of my overall health. Through all of this information, I’ve been able to make informed lifestyle decisions (sleep, nutrition, exercise, etc.) that support my health. The FEMM app is so empowering to my health and my confidence. I am grateful for the FEMM app!”  
- FEMM app user

“I love love this app. I’ve learned a lot about my body and how my personal cycle works. It’s much better than others I have tried. I would highly recommend!”  
- FEMM app user

# FEMM App

**550,000+**  
APP DOWNLOADS  
BY THE END OF 2021

★★★★★  
IOS APP RATING  
**4.6**

★★★★★  
ANDROID APP RATING  
**4.6**

The FEMM team worked to expand and reach women from different parts of the globe. **The FEMM app is now available in 6 language options: English, Spanish, Portuguese, French, Hungarian, and Croatian.**

ENGLISH

SPANISH

PORTUGUESE

FRENCH

HUNGARIAN

CROATIA



## FEMM collaborates with the RHRI

The Reproductive Health Research Institute (RHRI), continues to collaborate with FEMM for the Medical Management Training on PCOS. The training covered an in-depth examination of reproductive physiology and endocrinology as it relates to PCOS, the examination of types of PCOS and diagnosis & treatment protocols, and patient case studies.

More courses can be found online at [www.femmhealth.org](http://www.femmhealth.org)

“FEMM offers a new and powerful diagnostic approach to women’s health—it integrates reproductive endocrinology and physiology while empowering women to monitor their personal hormonal health. FEMM is unique in that it is applicable to women in various stages of life and through its protocols, promotes health in a holistic way.”

- **Summer T. Holmes Mason, MD, FACOG, Obstetrics and Gynecology**

## Board Members

- Dr. Tim Flanigan, Chair
- Laurance Alvarado
- Sean Fieler
- Ana Paternina
- Dr. Bob Scanlon
- Dr. Don Bouchard
- Anna Halpine (ex-officio)

# Finances

<b>Income</b>	<b>2021</b>	<b>2020</b>
Contributions	388,101	491,250
Program Revenue	414,905	379,495
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Total Income	803,006	870,745

<b>Expenses</b>	<b>2021</b>	<b>2020</b>
Program services	624,139	642,538
Management and General	71,566	71,804
Fundraising	6,719	11,811
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Total Expenses	702,424	726,153

Change in Net Assets	100,582
Net Assets (Start of the Year)	229,244
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Net Assets (End of the Year)	329,826

The summary financial information is derived from our 2021 audited financial statements.

FEMM is tax-exempt under section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.



**FEMM Foundation**  
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