

# FEMM<sup>TM</sup>

FERTILITY EDUCATION & MEDICAL MANAGEMENT

# 2020

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[www.femmhealth.org](http://www.femmhealth.org)

# FEMM Training



In 2020, FEMM trained teachers increased by more than 50%, and trained doctors by 20%. FEMM welcomed 68 new medical providers, including nurses, nurse practitioners, and medical students, a majority of whom are in the OBGYN field.

“My patients love having access to a tracking app that’s free, which they can download right away. Other methods can sometimes take more time to learn and understand. FEMM provides the same science backed methods in a way that’s very user friendly.”

- Dr. Danielle Kosestner, DO,  
FEMM Medical Practitioner

“This app is wonderful. I am so grateful to have found a program that treats the whole person. I would highly recommend this to any woman in any state of life.”

- Brigid Hoagland, FEMM app user

# FEMM App

500,000+  
APP DOWNLOADS  
BY THE END OF 2020

★★★★★  
IOS APP RATING  
4.6

★★★★☆  
ANDROID APP RATING  
4.4

The FEMM team worked to expand and reach women from different parts of the globe.

**The FEMM app is now available in 5 language options:  
English, Spanish, Portuguese, French, and Hungarian.**

ENGLISH

SPANISH

PORTUGUESE

FRENCH

HUNGARIAN

# Research



## FEMM collaborates with the RHRI

The Reproductive Health Research Institute (RHRI), collaborated with FEMM to publish two new articles in peer-reviewed journals.

FEMM contributed to research on the effects of Covid-19 with the release of a new article demonstrating better Covid-19 outcomes for women who ovulate. The research found that the key factor in the disparity between male and female outcomes may not just be sex, but hormone levels and ovulation. The evidence shown supports the idea of ovulation as a sign of health and that reproductive health can never be separated from overall health.

**READ: NEW STUDY DEMONSTRATES BETTER COVID-19 OUTCOMES IN WOMEN WHO OVULATE**

More articles can be found online at [www.femmhealth.org](http://www.femmhealth.org)

“Because of FEMM, my patients benefit from an earlier, faster, and more accurate diagnosis. The preventive focus allows for early treatment and modification of disease risk factors. FEMM has made a huge difference in my practice and in the lives of my patients.”  
- Summer T. Holmes Mason, MD, FACOG, Obstetrics and Gynecology

## Board Members

- Dr. Tim Flanigan, Chair
- Laurance Alvarado
- Sean Fieler
- Bridget Salisbury
- Ana Paternina
- Dr. Bob Scanlon
- Dr. Don Bouchard
- Anna Halpine (ex-officio)

# Finances

<b>Income</b>	<b>2020</b>	<b>2019</b>
Contributions	491,250	599,643
Program Revenue	379,495	184,291
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Total Income	870,745	783,934

<b>Expenses</b>	<b>2020</b>	<b>2019</b>
Program services	642,538	588,675
Management and General	71,804	85,416
Fundraising	11,811	16,810
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Total Expenses	726,153	690,901

Change in Net Assets	144,592
Net Assets (Start of the Year)	84,652
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Net Assets (End of the Year)	229,244

The summary financial information is derived from our 2020 audited financial statements.

FEMM is tax-exempt under section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.



**FEMM Foundation**  
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