

2019

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## **FEMM Training**

149 FEMM TEACHERS TRAINED

111 DOCTORS TRAINED

In 2019, FEMM's community of teachers and doctors continued to grow, welcoming 149 trained teachers, and 111 trained doctors:
43 of which came from the New York training, and 68 from the training in Budapest, Hungary.
These are both significant increases compared to the numbers from the past few years.

"FEMM is an eye opening tool because it helps the physician learn so much more about our patients. Through our patients'
FEMM chart we are able to have an objective evaluation of their signs and symptoms, resulting in a more effective and satisfying consultation."

Dr. Nicholas Kongoasa, MD,
 FACOG, Gynecologist and
 Reproductive Surgeon in
 Atlanta, Georgia

### **FEMM App**

475,000
APP DOWNLOADS
BY THE END OF 2019

★★★★ IOS APP RATING

4.6

ANDROID APP RATING

4.6

The FEMM team worked to expand and reach women from different parts of the globe.

Four new and exciting language options have been added to the FEMM app:

Spanish, Portuguese, French, and Hungarian.

SPANISH PORTUGUESE FRENCH HUNGARIAN

#### Research



# FEMM collaborates with the RHRI

(Reproductive Health Research Institute)
and works to promote other aligned
research in the field of women's health. In
2019, RHRI published 1 new article in
peer-reviewed journals, and highlighted the
work of another publishing team.

STRATIFICATION OF FERTILITY POTENTIAL
ACCORDING TO CERVICAL MUCUS SYMPTOMS:
ACHIEVING PREGNANCY IN FERTILE AND
INFERTILE COUPLES

AUTHOR: MARSHELL M., CORKILL M., WHITTY M., Thomas A. & Turner J. (2019)

A SIMPLE AND IMPROVED PREDICTOR OF INSULIN RESISTANCE EXTRACTED FROM THE ORAL GLUCOSE TOLERANCE TEST: THE 10\*G60

AUTHOR: CONTRERAS P.H., SALGADO A.M., BERNAL Y.A., VIGIL P. (2019)

More articles can be found online at www.femmhealth.org.

"The FEMM app makes daily charting simple when I'm on the go. I love all the options and being able to make it personable for my unique cycle characteristics. Its modern design is appealing, even for my teenage daughter who is also learning how to chart to monitor her health. One of my favorite features is being able to look back at my chart history easily. I also like that I can electronically share my charts if needed. I love sharing FEMM with people!" - E.

H., FEMM App User

### **Board Members**

- Dr. Tim Flanigan, Chair
- Laurance Alvarado
- Ana Paternina
- Bridget Salisbury
- Sean Fieler
- Dr. Don Bouchard
- Dr. Bob Scanlon
- Anna Halpine (ex-officio)

## **Finances**

Income Contributions Program Revenue	<b>2019</b> 599,643 184,291	<b>2018</b> 579,508 104,846
Total Income	783,934	684,354
Expenses Program services Management and General Fundraising	<b>2019</b> 588,675 85,416 16,810	<b>2018</b> 628,463 36,409 3,444
Total Income	690,901	668,316

Change in Net Assets	93,033
Net Assets (Start of the Year)	8,381
Net Assets (Start of the Year)	84,651

