



## THE CANDY SELF-CONTROL GAME

For one ● say one thing that  
makes you stronger.

For one ● show us how to  
breathe when you are angry.

For one ● say one good way  
you express being sad.

For one ● say one moment  
you showed self-control.

For one ● say one thing that  
makes you excited.

For one ● show us how to  
hold your arms when in line.

● = piece of candy