



FEELINGS SONG

I have feelings (point to self).
So do you (point to children).
Let's all sing about a few.

I am happy (smile).
I am sad (frown).
I get scared (wrap arms around self
& make scared face).
I get mad (make a fist
& shake it or stomp feet).
I am proud of being me (hands on hips,
shoulders straight, smile).
That's a feeling too, you see.

I have feelings (point to self).
You do, too (point to children).
We just sang about a few!