FEMM Health App

The FEMM Health app provides women with personalized feedback and insight about their daily data and biomarkers. The app helps women to understand their hormonal changes, health patterns and fertility, and provides support to achieve their goals. The app allows women to track their health, and achieve or avoid pregnancy.

The FEMM app is developed with the input and feedback of doctors and health professionals, and provides the latest science and evidence-based research to its users. FEMM is committed to bringing the best in science and research to women around the world. FEMM’s free health app is available for iPhone and Android in English and Spanish.

FEMM

FEMM provides women with information and support to manage their health and fertility from puberty to menopause. FEMM recognizes that ovulation is a sign of health, and invests in education, technology and research to develop advances in the field of women’s health, bringing this information and support directly to women.

The FEMM app helps women to understand and identify their individual health and fertility patterns, and to identify problems early as they arise. Irregular cycles, infertility, and pain, acne, and other symptoms are often signs of hormonal imbalances. When women experience these symptoms and difficulties, the FEMM app can link them to our global network of FEMM educators and medical doctors to work with them in diagnosing and treating the underlying cause.

Research

FEMM collaborates with the Reproductive Health Research Institute (RHRI) to advance research, education and medical training in the field of women’s health. Under the direction of Dr. Pilar Vigil, PhD, the RHRI publishes peer-reviewed research, trains health providers, and has developed cross-cutting medical protocols to bring the latest in reproductive endocrinology to medical provider training.
Key Staff

Anna Halpine is the Founder and CEO of FEMM. She has been involved in human rights, women’s health, and global partnership development for the past 18 years. Originally from Canada, she lives in New York City.

Kekuut Hoomkwap is the CTO of FEMM. An engineer, she has worked in product development and management for corporate multinationals for over a decade. Developing FEMM’s technology allows her to contribute to a better world for women, including for her three girls. Kekuut is originally from Nigeria, and lives in New Jersey.

Pilar Vigil, MD, PhD is the Medical Director for the Reproductive Health Research Institute. A professor, clinician, and researcher, Pilar is a prolific researcher and leader in women’s health and reproductive endocrinology. She studied in Chile, Australia, and the United States, and runs the RHRI from Santiago, Chile.